

ANZSPM Member eNews – 27 November 2020

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ANZSPM Annual General Meeting update



Picture: Attendees of ANZSPM 2020 AGM (via ZOOM)

The ANZSPM AGM was held on Tuesday 24 November 2020 via Zoom. It was good to see the members in attendance (see picture above).

ANZSPM congratulates ANZSPM's new President-Elect, Dr Christine Mott and Prof Meera Agar, Dr Kim Caldwell, Dr Anna Keedwell and Dr Jane Greville who were elected/re-elected as Members of the ANZSPM Council.

They join continuing members of Council, Prof Leeroy William (President), Dr Catherine D'Souza (Chair of ANZSPM Aotearoa Committee) and Dr Michelle Gold (Ex Officio member as President of AChPM).

Three Council members, Dr David Holden, Dr Chi Li and Dr Emily Cooper stepped down from their positions and we thank them very much for all their support and contributions over the years.

The Council composition following the AGM is:

- A/Prof Leeroy William (President)
- Dr Christine Mott (President Elect)
- Prof Meera Agar (Immediate Past-President)
- Dr Catherine D'Souza (Aotearoa Committee Chair)
- Dr Anna Keedwell (Trainee Representative)

- Dr Jane Greville (General Councillor)
- Dr Kim Caldwell (General Councillor)
- Dr Michelle Gold (Ex Officio as President AChPM)

Members can view the ANZSPM Audited Financial Statements 2018-19 and the presentation on 2019-2020 activities and achievements in the Members area on our website under “Notices”. You will need to log in to view. The annual report 2019-20 is currently being finalised and will be made available to members on the member section of the website soon.

Western Pacific Region Palliative Care Network in formation

Australasian Palliative Link International (APLI) - Palliative Care Advocacy for the Western Pacific WHO Region inaugural meeting – 9 December 2020 – 1200pm ADST

ANZSPM members are invited to attend the inaugural meeting of palliative care, humanitarian, governmental and policy organisations and experts, to establish a Palliative Care Advocacy Network for the Western Pacific region. The objective of this meeting is to create a forum in which advocates with expertise and understanding of the need for improved access to palliative care can collaborate to identify the priorities for palliative care advocacy in 2021 and beyond. Participants in the meeting will be invited to share initiatives and advocacy work being conducted in their countries/organisations and discuss a program for engagement with key advocacy moments during 2021, including the World Health Assembly and Western Pacific Regional Forum. Please indicate your interest in attending this meeting by emailing Dr Odette Spruijt at chairman@apli.net.au by **7th December 2020**. For further information visit the APLI website.

Relevant readings:

<https://hospicecare.com/what-we-do/resources/global-data-platform-to-calculate-shs-and-palliative-care-need/>

Pettus, K. de Lima L (2020) Palliative Care Advocacy: Why does it matter? *J Pall Med* 23(8); 1009-1012

COVID-19 updates

Australian COVID-19 Palliative Care Working Group (ACPCWG)

ANZSPM continues to work with the ACPCWG on supporting the palliative care response to COVID-19 in partnership with Palliative Care Australia (PCA), Palliative Care Nurses Australia (PCNA), the Australasian Chapter of Palliative Medicine (AChPM) of the Royal Australasian College of Physicians (RACP) and the End of Life Directions for Aged Care (ELDAC) program.

Other ACPCWG-related updates and resources are below:

- Latest ACPCWG newsletter (21 October 2020)
- Previous ACPCWG newsletter (6 October 2020)
- An online hub of resources can be found on the CareSearch website.

ANZSPM COVID-19 Special Interest Group (COVID-19 SIG) guidance documents

ANZSPM guidance documents developed by the COVID-19 SIG relating to palliative care in the COVID-19 context are available here. With further updates coming soon! ANZSPM members are encouraged to use and distribute these documents at their workplace. You can download the guidance documents here.

NEW: Palliative care flow chart published by National COVID19 Clinical Evidence Taskforce

The National COVID19 Clinical Evidence Taskforce published its new MANAGEMENT OF PEOPLE WITH COVID-19 WHO ARE RECEIVING PALLIATIVE CARE flowchart.

NZ Taskforce on COVID-19

COVID-19 related resources for NZ health care professionals can be found hosted on the Hospice NZ website here.

AUS: Coronavirus (COVID-19) advice for the health and aged care sector

The Australian Department of Health regularly provides up-to-date and authoritative information and advice on COVID-19 for the health and aged care sector [here](#).

NZ: Health advice and latest updates on COVID-19

The Ministry of Health in New Zealand provides regular updates, information and health advice on COVID-19 on its website [here](#).

Government News

Last chance to have your say - Cancer Australia's National Pancreatic Cancer Roadmap

ANZSPM has received an invitation from Cancer Australia to participate in the National Pancreatic Cancer Roadmap through a dedicated Consultation Hub. The National Pancreatic Cancer Roadmap will identify key priority areas for action over the next five years to improve outcomes for people with pancreatic cancer. It will consider all aspects of the cancer pathway, including prevention, early detection, diagnosis, treatment, supportive and palliative care. The **Consultation Hub will be open until 30 November 2020** and can be found [here](#).

AUS: Royal Commission into Aged Care Quality and Safety publishes two new research papers

The Royal Commission into Aged Care Quality and Safety has published the following two new research papers: *Research paper 15 - Residential Care Quality Indicator Profile* presenting 50 quality indicators about residential aged care including how results are distributed across facilities and *Research Paper 16 – How far do people move to access aged care* presenting how many people in non-metropolitan regions move more than 100 kilometres, or drive for more than 60 minutes, from their home when they begin permanent residential aged care or use respite in an aged care facility.

ACSQHC launches 2020 Antimicrobial Stewardship Clinical Care Standard

On 24 November 2020, the Australian Commission on Safety and Quality in Health Care (the Commission) launched the 2020 Antimicrobial Stewardship Clinical Care Standard during World Antimicrobial Awareness Week. ANZPM provided input to RACP's submission on the standard to the Commission. A copy of RACP's submission is available for ANZSPM members upon request, please email info@anzspm.org.au!

WA: Joint Select Committee on Palliative Care publishes its final report

The Joint Select Committee on Palliative Care in Western Australia published its final report "Palliative Care in Western Australia – progress report" on 19 November 2020. ANZSPM made a submission to the inquiry which is widely referenced throughout the report. The report's recommendation to the WA government range from increasing the palliative care workforce, undertaking a detailed needs assessment for palliative care services in regional and remote WA as well as reporting on the implementation of recommendations of the Joint Select Committee on End of Life Choices. To read all the report findings and recommendations in detail, [click here](#). ANZSPM's submission can be found on our website [here](#).

ANZSPM updates

SAVE the date: Re-scheduled ANZSPM Aotearoa Palliative MDT Retreat –5-7 March 2021

The ANZSPM Aotearoa Committee is delighted to announce that it will be hosting a multidisciplinary team retreat over 3 days on the theme of "*Exploring resilience within palliative and end of life care*" on 5 – 7 March 2021 in Lower Hutt, NZ. The aim of the retreat is to allow you to return to your place of work affirmed, invigorated, motivated and refreshed. This retreat was initially scheduled to take place in April 2020 but had to be postponed due to the COVID-19 pandemic. An updated program and registration form will be available soon on the ANZSPM website under "Events". To enquire about the retreat please email nzadmin@anzspm.org.au

ANZSPM webinar series in 2020

With the support of the RACP, ANZSPM was able to bring our members a series of webinars over the 6 months June to now. On 24 November 2020 the last webinar with Dr Weinkove and A/Prof McQuilten in this series took place. We would like to thank all the speakers and attendees for making this another successful project. We welcome member feedback on the series and suggestions for future webinar topics by email at comms@anzspm.org.au

The recordings of the ANZSPM 2020 webinars are now available in the Member area of our website under 'past events' as well as via the links to the RACP website below. Please note, that fellows of the RACP can claim CPD credit via MyCPD for attending the webinars or watch the recordings (links are listed below).

ANZSPM webinar topic	Speaker	Link to recording on RACP website (RACP member log in required)
Update on opioids for breathlessness	Prof David Currow	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Palliative Care in Pandemics	A/Prof Will Cairns/Dr Rachel Coghlan	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Advance Care Planning & incorporating VAD: the adult & paediatric perspective	A/Prof Jenny Hynson & Dr Barbara Hayes	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Public Health Palliative Care, including post COVID-19 PHPC directions	Dr Bruce Rumbold	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Palliative care during the COVID-19 pandemic - experiences from a busy London hospital	Dr Sabrina Bajwah & Dr Rachel Wiseman	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Haematology and Palliative Care	Dr Rob Weinkove & A/Prof Zoe McQuilten	Available soon

Other updates

Australian Indigenous HealthInfoNet's resources and publications

The HealthInfoNet's translational research aims at providing the knowledge and other information needed for practitioners and policy-makers to make informed decisions in their work. In addition to HealthInfoNet's comprehensive cancer section which includes a review of cancer and a plain language summary version, it also has a palliative care portal and a recent review of kidney health on its website.

New RACP Pomegranate episode 65: A New Script for Global Public Health

In this episode provides some provocative solutions to problems presented in the previous two stories. We heard about pharmaceutical patents, and how embedded intellectual property law is in global trade relations. There's this fundamental assumption that innovation occurs thanks only to the vigour of the private sector and the plucky entrepreneur. It's even been said that financialized capitalism is "the greatest engine of

progress ever seen.” To listen to the episode, please click here. *Fellows of the RACP can claim CPD credit [via MyCPD](#) or listening to this episode and reading the resources at the website.*

End of Life Directions for Aged Care (ELDAC) Home Care Package survey

End of Life Directions for Aged Care (ELDAC) is funded by the Australian Government Department of Health and provided by a consortium of universities and peak industry bodies. As a consortium, ELDAC provides information, guidance and resources to health professionals and aged care workers to support palliative care and advance care planning to improve the care of older Australians. The ELDAC team is looking for care managers, coordinators, or team leaders of Home Care Package providers to complete the ELDAC Home Care Package Survey. This survey aims to understand the needs of older people living at home at the end of life. Click here for the survey which will take approximately **20 minutes** to complete and will be open until **Friday 18th December 2020**.

NPS Medicine wise: New program on dementia and changed behaviours

NPS’s latest program, *Dementia and changed behaviours: a person-centred approach*, aims to reduce unnecessary use of antipsychotics and benzodiazepines for dementia, and to improve use of non-pharmacological management techniques to ensure people with dementia, in the community and in aged care, are supported. A range of information and resources for health professionals, patients and their carers have been developed in partnership with peak bodies and key opinion leaders in the sector. For more information, click here.

ARTICLE: Can migration background be a boundary in palliative care at the end of life?

Deutsche Medizinische Wochenschrift | Online – 17 November 2020 – According to current research data, individuals with migration background rarely utilize palliative care (PC) services. The potential reasons remain largely unclear, with cultural differences being suggested most frequently. This study focuses on the needs of cancer patients with migration background in Germany and provides an overview of the care problems encountered. Arriving in PC, severely ill patients with migration background experienced social exclusion. This migration-specific effect has a negative impact on coping with the disease and on palliative treatment and end-of-life (EoL) care. Relatives and medical care providers face a challenge when they fail to meet the patients’ expectations. Many problems are attributed to cultural differences although patients nearing EoL tend to articulate rather generic needs. Individuals with migration background frequently receive PC without their caregivers having any specific knowledge of their migration biography. In order to do justice to societal effects, the support given must go beyond the mere medical expertise. **Full text:** <https://bit.ly/2IS97Tp>

ARTICLE: Involvement of palliative care in patients requesting medical assistance in dying

Canadian Family Physician, 2020;66(11):833-842. Despite its proven benefits in alleviating pain and suffering, this study found that there is still a gap in the provision of palliative care (PC) among the patients who requested medical assistance in dying (MAiD). Although PC should be offered when MAiD is requested, there are no guidelines or legislation mandating a referral to PC, and no guidance on when, how, and where such PC should be delivered. For the MAiD process at The Ottawa Hospital, it is an expectation that the most responsible physician has provided information about PC to the patient and family, but that information is not standardized or well documented. Multicentre studies over a longer follow-up period and a larger sample size are needed to further explore the observations in this study and determine the role of PC and its effect on patients requesting MAiD. **Full text:** <https://bit.ly/2KpCKfR>

Upcoming Events 2020

Please note: In light of the evolving situation around the current COVID-19 pandemic, many events previously promoted in our eNews may have been postponed, cancelled or moved to a virtual format. ANZSPM recommends members check this directly with event organisers!

Ō tātou hiranga | What matters to us - shared decision-making and advance care planning virtual hui | 2-3 December 2020

The NZ Health Quality & Safety Commission is hosting a shared decision-making and advance care planning virtual hui for health care workers and managers. More information at <https://hqsc.eventsair.com/acp2020/>

Centre for Palliative Care SVHM Annual Lecture 2020 | 1 December 2020 - *Improving Palliative Care for People with Neurological Illness: National and International Perspectives.*

Registrations open here for this Virtual Event

Oxford Centre for Education and Research in Palliative Care: ADVANCED COURSE WEBCASTS | multiple dates for 2020 and 2021

The Oxford Centre for Education and Research in Palliative Care in the UK is bringing you education of high quality from great speakers. For more information visit <https://www.sobelleducation.org.uk/our-courses/>

2021 EVENTS

Kidney Supportive Care Symposium | 12 March 2021 | Royal Brisbane and Women's Hospital Education Centre

The 2021 Kidney Supportive Care Symposium will be an opportunity to hear from leading international and local speakers on the latest in Kidney Supportive Care. This Symposium is targeted at renal and palliative care clinicians across all disciplines, academics, and consumers. This symposium is a blended event and can be attended in person or on-line. Event Program and registration details TBA For further information please email Laura.Austin@health.qld.gov.au

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The ANZSPM Aotearoa Committee is hosting a multidisciplinary team retreat over 3 days on the theme of “*Exploring resilience within palliative and end of life care*” on 5 – 7 March 2021 in Lower Hutt, NZ. More information to follow soon.

PaCCSC & CST Annual Research Forum 2021: Clinical Trials in a Changing World | 11-12 March 2021 | via ZOOM

This will be a joint forum brings together leaders in palliative care & cancer symptom management. For more information about the program and speakers, click here. To register, click here.

Australian Pain Society 41st Annual Scientific Meeting | 18-21 April 2021 | National Convention Centre, Canberra

More information at dconferences.com.au/aps2021/

7th Rural and Remote Health Scientific Symposium | 24-25 May 2021 | Alice Springs, NT

<https://www.ruralhealth.org.au/7rrhss/>

Careers

For the latest positions advertised on the ANZSPM website – visit the ANZSPM Careers pages for details!

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